

# Online Sibshops Training!



The online Sibshops Training is one event with two goals and two audiences:

**Primary goal/audience: To train new Sibshop facilitators and administrators who want to learn how to run a Sibshop.** Trainees attend multiple online sessions, typically over one week, to learn about sibs' life-long concerns, find out how to organize a Sibshop, and experience an online Demonstration Sibshop. These trainees must attend all sessions of the training to become a Certified Sibshop Facilitator. Upon completion of the training, Certified Sibshop Facilitators may register and start their own local Sibshop.

**Secondary goal/audience: To educate parents, service providers, and others about sibs' ever-changing issues across the lifespan.** Participants are interested in sibling issues, but not necessarily in running a Sibshop. This audience attends only session #1 through adult sibling panel of the online training.

## Comments from Previous Workshop Participants

“Hearing about siblings' experiences was extremely useful. So thought-provoking, great company, such honesty from all ages—it took you to all sorts of places emotionally. So motivating, easy to listen to—the time just flew.”

“What a great workshop. It is exciting that you put so much energy into siblings. You have inspired me to set up something for our sibs.”

“There was a wonderful sense of group care and sharing. Thank you for the opportunity to enhance my understanding with sincerity, humor, and genuine care and feeling.”



**About The Sibling Support Project.** Founded in 1990, [The Sibling Support Project](#) is the first national program dedicated to the life-long and ever-changing concerns of millions of brothers and sisters of people with special health, developmental, and mental health concerns. We've published books for and about brothers and sisters, host online groups for teen and adult siblings, and present workshops on sibling issues internationally. The Sibling Support Project is a program of [Kindinger](#), an award-winning early intervention and early learning organization serving children and families throughout the Greater Seattle area. Learn more about our workshops, keynotes, and trainings at [info@siblingsupport.org](mailto:info@siblingsupport.org) 425-362-6421.



## Online Training Schedule



### **Session 1**

#### **Siblings of People with Special Needs: Unique Concerns 90 min**

Welcome, training overview, introduction to siblings and sibling support. During this lively, interactive kickoff session, we'll discuss sibs' unique concerns across the lifespan. *Audience: general audience & Sibshop facilitator trainees*



### **Session 2**

#### **Siblings of People with Special Needs: Unique Opportunities 90 min**

After we finish our discussion of concerns, this session presents the many opportunities siblings experience. We'll also discuss what parents and professionals can do to minimize sibs' concerns and maximize opportunities. *Audience: general audience & Sibshop facilitator trainees*



### **Session 3**

#### **Panel of Adult Siblings 90 min**

A powerful way to learn about sibling issues is to hear from the "real experts." A panel of adult brothers and sisters will share their experiences, insights, and suggestions for parents and providers. *Audience: General audience & Sibshop facilitator trainees*



### **Session 4**

#### **All About Sibshops 2 hours**

Sibshops are kid-friendly workshops as rewarding to run as they are to attend. Participants will learn the logistics of planning and implementing a local Sibshop, and Sibshop goals and related recreational, discussion, and educational activities. Trainees will observe online Demonstration Sibshop activities with young brothers and sisters, and receive the materials and know-how to start, plan, and facilitate Sibshops. *Audience: Sibshop facilitator trainees*